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Program Report – School Health Program - 2013

The School Health program for Pichey Rangsey Primary School in Poul Ressey village was recommenced after receipt of funding with the following objectives;

- Increase the general health and well being of the children who attend the school
- Increase the capacity of the children to be attentive and learn at school
- To reduce the burden of ill health via a focused preventative health program.

The strategies as outlined in the funding documents were to;

- Determine the general status of the children who attend the school at six monthly intervals by rapid simple examination, vision and colour vision checks, height/weight determination.
- Give parasite eradication therapy six monthly to reduce the incidence of anemias and diarrhoeal illness
- Give vitamin A therapy six monthly to improve infection resistance and assist with dietary deficiencies of a village diet
- Give iron & multivitamin therapy to those children who require due to clinical anemia and/or being in the lowest 40% of height/weight/age groups
- Refer to appropriate centers those children requiring further assessment or treatment

The measurable outcomes to be elucidated were;

- Improvement in weight/height/age parameters
- Reduction in clinical anemia levels
- Reduction in school days lost to diarrhoea
- Increase in health awareness and knowledge of the children and staff of the school

Introduction;

Methodology for commencement of the program involved

- a. Obtaining class lists for each class at the school (4 kindergarten classes, 13 primary classes) from the headmaster of the school and preparing numbered records for each child of the school after translating of all records received.
- b. Submitting the numbered individually named forms with attached consent form to the headmaster for signing *in loco parentis* (as agreed to and approved by the district education office)
- c. Checking of all documentation and purchasing of initial consumables
- d. Planning meeting with headmaster and senior teachers of the school to ensure that visits did not coincide with important lessons, testing, school events, public or school special holidays etc.
- e. Staff selection for school visits and attendances.

